

Human Error Control Measures

Check in with yourself.

If you're experiencing any of the below, contact your line manager to implement any of the following risk control measures.



Fatigue from Overwork

Take a break and limit overtime.



Inadequate Instructions

Develop a Standard Operation Procedure with clear and concise instructions.



Insufficient Training

Talk with your line manager about additional training to increase your confidence and competence.



Urgency and Pressure

Set realistic and achievable deadlines based on the time required for tasks.



Boredom

Introduce job rotation to provide variety and prevent monotony.



Distractions from Co-workers

Move to a quiet space for tasks that require high concentration.