

NEBOSH National General Certificate in Occupational Health and Safety.

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Learning Method: **Virtual Essentials**

Get ready for a streamlined path to success with our NEBOSH General Certificate Virtual Essentials course. This focused 10-day virtual classroom program, contains all the core content you need to pass the exam, covering the must-know principles and practical skills in health and safety.

Introduction

The NEBOSH National General Certificate in Occupational Health and Safety is one of the most trusted and widely recognised qualifications in occupational health and safety. Designed for individuals looking to develop a solid foundation in managing workplace risks, this course provides essential knowledge and practical skills to foster a safe, compliant and productive environment.

Who is the Course for?

Ideal for managers, supervisors and anyone responsible for health and safety in the workplace, the NEBOSH General Certificate covers key topics such as risk assessment, hazard control and health and safety regulations. With this qualification, you will gain the confidence to proactively address safety concerns and contribute to a culture of safety in any industry. Invest in your career and the safety of those around you with the NEBOSH General Certificate — an essential step toward safeguarding the workplace.

Benefits for Learners

- ▶ **Comprehensive Knowledge** – Gain essential health, safety and environmental skills.
- ▶ **Industry Recognition** – A globally respected qualification valued by employers.
- ▶ **Career Growth** – Open doors to advanced health and safety roles.
- ▶ **Practical Skills** – Learn tools and techniques to improve workplace safety.
- ▶ **Regulatory Compliance** – Understand laws to help meet legal requirements.
- ▶ **International Relevance** – Knowledge applicable across global settings.
- ▶ **Expert Support** – Access guidance, materials and peer interaction.
- ▶ **Further Qualifications** – Pathway to advanced health and safety certifications.
- ▶ **Confidence in Decisions** – Make informed choices to enhance workplace safety.

Course Key Facts

Duration:

10 days in a Virtual Classroom environment

Course Units Overview:

- ▶ **NG1** – Management of Health and Safety
- ▶ **NG2** – Risk Assessment

Assessment:

The two-step assessment process, which checks what you know and can do, consists of an open book examination and a practical risk assessment. Both assessments are marked by external examiners appointed by NEBOSH.

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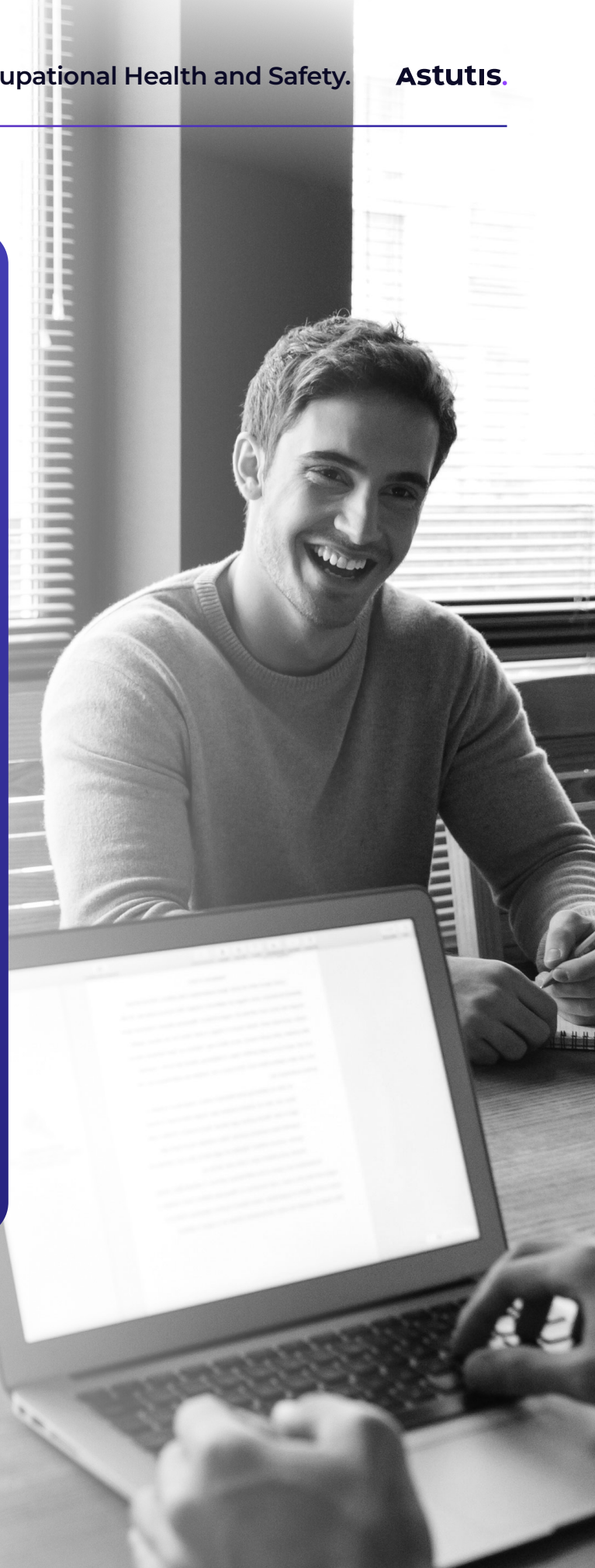
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Learning Outcomes

- ▶ Justify the need for health and safety improvements.
- ▶ Advise on duties under the main pieces of health and safety legislation.
- ▶ Help your organisation to manage contractors.
- ▶ Work within a health and safety management system.
- ▶ Positively influence health and safety culture and behaviour.
- ▶ Carry out a general risk assessment of your workplace.
- ▶ Recognise workplace changes and their impacts.
- ▶ Develop basic safe systems of work that include emergency arrangements.
- ▶ Know when to use a permit-to-work system.
- ▶ Take part in incident investigations.
- ▶ Help your employer check the effectiveness of their health and safety management system through monitoring, auditing and review.



Virtual Essentials: Everything You Need to Succeed

This comparison grid provides an overview of the features offered in both the NEBOSH National General Certificate in Occupational Health and Safety Virtual Course and the more streamlined Virtual Essentials version.

Whether you are looking for a comprehensive learning experience or a focused, efficient path to certification, this grid will help you identify the key differences and choose the course that best suits your needs. Compare the key features, learning formats and support options to make an informed decision on the best approach for your health, safety and environmental training goals.

Features	Virtual Essentials	Virtual
Available worldwide	✓	✓
10 Days virtual classroom tutor led study	✓	✓
All fees included: First exam sitting, registration and certificates	✓	✓
Exam readiness webinars	✓	✓
Digital course notes and workbooks	✓	✓
Mock exam support	✓	✓
Access to session recordings	✓	✓
Live interaction with tutors and classmates	✓	✓
Dedicated tutor support	✓	✓
Membership of Astutis NEBOSH Certificate LinkedIn community	✓	✓
Course transfer at no additional cost	✗	✓
Printed notes and workbooks (alongside digital) delivered to your preferred address	✗	✓
Structured learning with access to exclusive online learning resources	✗	✓
Online educational modules and concept videos	✗	✓
Podcast	✗	✓
Risk assessment tutor videos	✗	✓
Online knowledge and confident checks	✗	✓
Online scenario-based questions and topic summaries	✗	✓
Administrative wrap around service	✗	✓